**Sat 18th and Sun 19th April 9.30 am – 4.30pm. Total cost is £160**

**The Practice Rooms,** **15 – 16 Castle Street, Exeter, EX4 3PT**

NB: The room is accessible by stairs on the third floor.

Please book by going to <https://www.itsallaboutyouwellbeing.com/for-professionals>

emailing the completed booking form and pay, in advance, using the PayPal button.

The course will be delivered by Max Cohen, who is a qualified counsellor, trainer and group facilitator and has supported people in various roles in the Southwest of England for over 25 years in the areas of domestic abuse, young people’s issues, living with HIV, sexuality, sexual orientation and gender identity (LGBTQ+). He founded [*It’s All About You Wellbeing*](https://www.itsallaboutyouwellbeing.com/) in 2008 and runs all aspects of the company. He is self-employed and incorporates IAAYW into his business Max Cohen Wellbeing Services [*www.maxcohenwellbeing.com/*](http://www.maxcohenwellbeing.com/)

**Brief summary of content**

The content will be presented in a number of ways, through presentations, small group exercises, pairs work, video, brief experiential exercises, individual reflection, group discussions and anonymised case studies. Over the two days we will look at ‘coming out’, intersecting issues, working with family members and partners and talking about sex and sexuality.

**Day 1 - A focus on sexual orientation (lesbian, gay and bisexual)**

Language including definitions, stereotypes, labels and acronyms

Barriers to seeking help for LGB clients

Internalised homophobia and biphobia

BACP ethical framework

Useful resources

**Day 2 - A focus on gender identity**

Transgender awareness

Language including definitions, terms and labels

Stereotypes

Barriers to accessing therapy

Beyond the binary

Young people

Treatment pathways

Useful resources

**Additional reflective practice assignment**

In order to receive a CPD certificate “Working with LGBTQ+ clients” and become eligible for a discounted 12 month directory entry on It’s All About You Wellbeing website there is a requirement to complete a short piece of work after attendance on the 2 day course.

This will be a reflective practice assignment using the BACP CPD guidelines focusing on how you will work with LGBTQ+ client issues, for example core conditions, self –disclosure and use of supervision.

It can be completed in a way that is easiest for you, for example, typed up using the Word template document supplied on the course or recorded via video or audio and emailed to Max Cohen for verification.

**The Venue**

* The Practice Rooms, 15-16 Castle Street, Exeter, EX4 3PT are near to Exeter Central library. We’ll be using the Amber room which is on the third floor accessed by stairs and unfortunately not accessible by lift or stair lift. (The next course will be in a fully accessible venue so please get in touch for more details).
* Lunch will not be provided but tea, coffee, fruit teas, water, biscuits and fruit will be available. Please feel free to bring your own lunch or food can be bought in a number of nearby cafes or shops.
* There is no parking available at the venue but there is parking nearby <https://www.visitexeter.com/info-maps/travel-information/car-parking> and it is very close to Exeter Central railway station and just off the High Street for buses.
* Max will deliver both days and will be supported by a volunteer in relation to the practical side of the course.
* You will be given a file in which to add handouts and notes. Pens and paper will also be available.
* If you have any accessibility requirements or need support to complete the booking, attend the training and/or complete the reflective practice assignment please let Max know before booking.
* You will receive an email confirmation of your booking after the completed booking form and payment have been received.
* Booking form below

**BOOKING FORM**

**Please complete the following details.**

If you have any accessibility requirements or need support to complete the booking, attend the training and/or complete the reflective practice assignment please let Max know **before** booking.

|  |  |  |
| --- | --- | --- |
| **Name:** | **Pronoun (He/she/them):** | **Work phone number:** |
| **Work email:** | **Work address:** | **Website (if you have one):** |
| **How did you hear about this training?** | **Anything specific issues or information you would like to be covered on the course?** | **Any other comments?** |

**IAAWY agrees to:**

* Send an email confirmation of your booking after the completed booking form and payment have been received.
* Inform you of any changes to the event.
* Hold the training at the time and place advertised, however, should the course be postponed or cancelled, your payment will either be carried over to pay for attendance at another course or a refund will be made.

**I would like to subscribe to the IAAYW newsletter: Yes / No**

**In signing this agreement, I confirm that I am aware of the IAAYW data protection /privacy policy and agree to the storage of my data and use as described therein.**

Signed………………………………………………… Name………………………………………………………… Date…………………………

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On behalf of IAAYW